

CHEAT SHEETS

ISLAND TOURS

JAMAICA

Mini-Routes (to) Ocho Rios (from MBJ)
 Mini-Routes (to) Negril
 River Bumpkin River Tubing - MBJ
 River Bumpkin Bicycle Trek - MBJ
 Private Transfers - all regions
 Deep Sea Sport Fishing - all regions
 Dunn's River Catamaran Cruise
 Ultimate Dolphin Swim
 Jamaica Bobsled, Sky Explorer and Zip Line combo
 Pelican Bar Highlight Catamaran
 Kingston Tour

SAINT LUCIA

Soufriere Experience
 Soufriere Adventure Cruise
 Soufriere safari (Buggy Tour)
 Wet and Wild (Land & Sea)
 Piton Sunset Cruise
 Treetop Zip Trip (zip line)
 Hike the Pitons

NASSAU, BAHAMAS

1.Island Buggy Adventure Nassau
 2.Nassau Sub Adventures
 3.Dolphin Swim from Nassau with Transfer
 4.Bites of Nassau
 5.Deep Sea Sport Fishing (half day)

EXUMAS, BAHAMAS

- 1.Exuma Cays Ocean Safari
- 2.Stocking Island Sea Escape
- 3.Moriah Park Sea Advent
- 4. Secluded Castaway Getaway

BARBADOS

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ANTIGUA

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GRENADA

- 1.Spicy Full Day Island Tour
- 2.Spicy Half Day Island Tour
- 3. Adventure Jeep & River Tubing Combo
- 4. Lovers Rock Sunset Cruise
- 5. Grenada Champagne and Seafood Cruise
- 6.Pilot Your Own Boat (double rider) and Snorkeling
- 7. Grenada Rainforest & Waterfall Dune Buggy Tour
- 8. River Tubing

TURKS & CAICOS

- 1. Island Vibes Kitty Kat Cruise
- 2. Twilight Sunset Catamaran Cruise
- 3. Provo Golf
- 4. Provo Adventure Cruise
- 5. Seaside Scavenger Hunt
- 6. Provo Circumnavigation
- 7. Provo Cays Exploration

DESTINATION: JAMAICA

JAMAICA 101 by Island Routes

A vibrant Mountainous island with fantastic experiences to explore and great people to meet.

ICONIC:

Jamaica is the land of infectious Reggae music and birthplace of legendary King of Reggae Bob Marley (there are 2 different tours for Marley / reggae lovers)

Jamaica is home to:

The world's most expensive Gourmet coffee (Blue Mountain) which is served on resort
 Exceptional spirits like Appleton golden rum, Red Stripe Beer and some of the world's fastest sprinters like both the world's fastest man and woman (2017) * Appleton (Soco location) and Hampden Estate (Near MBJ) are the Jamaican rum tours.
 Please note Appleton is closed for the year of 2017 for extensive refurbishing.

#1 TIP - Pay close attention to distances and where tours are offered from and always recommend combos if guests are staying in another region. All regions are 75 minutes -90 minutes from each other except Negril to S CO which is 60 mins.



WHAT ADVENTURES are LOCATED WHERE:

OCHO RIOS - Dunn's River, Bobsled, Blue Hole, Dolphin Park ,Tubing, KINGSTON Tour MBJ - River Bumpkin Farm (*Tubing, kayaking and Bike*) Lumionous Lagoon, Mini-Routes Tours, Golf, Rose Hall Great House *BAMBOO RIVER RAFTING (*Romantic option*) NEGRIL - Rick's Café (lovers Rock sunset cruise), Water slide Tour, SOCO (Short for South Coast) - Pelican Bar, YS Falls, Black River Safari (Crocs)

What can you find in every region?

Zip lines, horses, Deep Sea fishing, Dolphins, Catamarans, River Tubing & Private Transfers

REGION - MONTEGO BAY only

1. MINI-ROUTES (to) Ocho Rios (from MBJ) 6.5 hours

Tour Highlights

- Buckle up and take the wheel of your own MINI Cooper and drive in a guided convoy
- Drive to Ocho Rios stopping at unique sites along the way
- Visit natural treasures such as Dunn's River Falls and Fern Gully
- Enjoy delicious Jamaican dishes
- Sample Jamaican delicacies to satisfy your sweet tooth
- Immerse yourself in the history of the island at Discovery Bay

*Driver must be 23 years old with a valid drivers License for at least 1 year

SEEL TOUCH. DRIVE THE REAL JAMAICAN EXPERIENCE ROUTES

Proceeds from the sale of mini-routes benefits community development Mini-Routes, Self -drive your own Mini Cooper Always in a**: Safe, Fun, expertly Guided, Insured convo**

2. MINI-ROUTES (to) Negril 6.5 hours

Tour Highlights

- Buckle up and take the wheel of your own in a guided convoy
- Drive in a convoy to Negril stopping at unique sites along the way
- Stop at a local coconut vendor
- Enjoy an included lunch and beach time on Negril's Seven Mile Beach
- Visit the historic Negril Lighthouse while enjoying the gorgeous views
- Visit Rick's Café and see the daring cliff jumpers (over 30ft)
- Witness an authentic Jamaican jerk demo and enjoy a sample

*Driver must be 23 years old with a valid drivers License for at least 1 year



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3. RIVER BUMPKIN RIVER TUBING - MBJ 3.5 hours

- Tube down the river with twist and turns
- Rope swing to swing like Tarzan & Jane
- Enjoy the signature, soothing limestone foot rub
- Complimentary Soup
- Jerk Hut with items available for purchase and freshly harvested staples, fresh off the grill

*Easy - no experience necessary. Tubes are secured to the guide. Max weight 250 pounds



4. RIVER BUMPKIN BICYCLE TREK - MBJ 3.5 hours

- Follow your guide on a leisure bicycle ride through historical paths along the Martha Brae River
- Spot cascading waterfalls and ruins such as an old aqueduct, a mill house and a former distillery
- Complimentary Soup
- Jerk Hut with items available for purchase and freshly harvested staples, fresh off the grill

*Minimum age 12 years old - Max weight 250 pounds. All protective gear included (knee pads and helmets)



5. PRIVATE TRANSFERS - ALL REGIONS (Negril, Ochi, MBJ & SOCO)

Whether it's a romantic getaway, a family adventure or an exclusive business group, beat the crowds (no waiting) and take the perfect route to or from Sangster International Airport with a luxury transfer. We have the newest fleet of vehicles in Jamaica and all of our luxury transfers include complimentary snacks, soft beverages and Wi-Fi. There's no better way to travel in comfort and style than with Island Routes!

Add VIP Meet and greet services like Club Mo-Bay at an addition cost. BOOKINGS MUST INCLUDE FLIGHT NUMBERS



6.DEEP SEA SPORT FISHING - ALL REGIONS (Negril, Ochi, MBJ & SOCO)

- Enjoy some of the best deep sea fishing off the coast of Jamaica
- An experienced crew will guide you to the best fishing spots for Trolling (type of fishing)
- Boat fleet includes a: 46' Hatteras (Ocho Rios) and two 31' Bertram vessels (Montego Bay and South Coast)
- Catch Blue Marlin, Wahoo, Mahi Mahi, Tuna and Sailfish etc.
- Light snacks and beverages will be available on-board

*Clients take turns fighting fish (4 hours / 8hrs)



REGIONS - OCHO RIOS & MBJ

7. DUNN'S RIVER CATAMARAN CRUISE 4 hours

- Join the crew on a luxury catamaran to famous Dunn's River Falls
- Stop for a short 25 mins snorkelling trip
- Climb the smooth, rocky slopes of the 600 ft. waterfall in a human chain
- Tasty Appetizers included (fruit, wraps, cookies etc.)
- On the way back the party starts and our bartender serves from our open bar including rum, vodka, whisky, tequila, red stripe beer on tap



8. ULTIMATE DOLPHIN SWIM (aka Royal Swim) *park time 3 hours

- After a brief orientation enjoy about 30 minutes of interaction with two dolphins.
- Feel the thrill as these majestic mammals pull you along by their dorsal fins or give you a foot-push through the crystal-clear Caribbean Sea.
- Afterwards spend the day here and enjoy all that Dolphin Cove Ocho Rios has to offer:
- Watch the dolphins at play, view the exciting and entertaining Shark Show,
- **marvel at the colourful birds, exotic snakes and iguanas, interact with safe, gentle stingrays, enjoy unlimited mini-boat rides and glass-bottom kayaking. **Ocho Rios location only

• Go shopping in "Little Port Royal," a colourful **Pirate's Village then top off your day at Dolphin Cove by relaxing on a chaise lounge set directly on the pearly white-sand beach.



Jamaica has 2 dolphin parks. The larger of the two is in Ocho Rios and the Lucea location in the west (pronounced "Lucy"). The Ocho Rios location is 75 mins from Montego Bay and the Lucea location is 35 minutes from Montego Bay. However, while the Dolphin programs and shark show are equally good at both, the Ocho Rios location has more features including: a nature trail, bird aviary, mini-boat rides, a monster water slide and a Pirate village.

9. JAMAICA BOBSLED, SKY EXPLORER AND ZIP LINE COMBO (Tranopy) 4 hours

ADJECTIVES: exciting, exhilarating, adrenaline rush, informative sports museum

- This state-of-the-art chairlift soars above the treetops on a breath-taking ride through the heart of the tropical seaside forest canopy
- The signature attraction of Mystic Mountain Custom designed Bobsled travels along stainless steel rails on a 1,000 meter gravity driven ride through the forest



- A series of tree-to-tree platforms sends riders gliding through the coastal forest on this customized zip line canopy tour.
- The guided tour covers five (5) zip lines including a surprise

10. PELICAN BAR HIGHLIGHT CATAMARAN 5 hours

- Cruise to the famous Floyde's Pelican Bar in Jamaica on a catamaran
- This iconic bar is one mile from land located on a sandbar
- Enjoy the best Caribbean music, drinks and appetizers on board
- Swim, sunbathe, snorkel, chat and chill when you arrive at the bar
- Leave your mark by carving your name in the floor *(the bar is made entirely of driftwood)*
- Drinks and additional local food are available for purchase at the bar if desired, however you have an open bar on-board our catamaran which is included. Live DJ plays the hits of today and local favorites





11.KINGSTON TOUR - Sold from OCHO RIOS & MBJ resorts ONLY 8 hours

Tour Name: Let's Go native Kingston Tour

Kingston is Jamaica's largest City and the cultural capital of the Caribbean Category: A Heritage, sightseeing and cultural experience. Great for art lovers and Bob Marley / reggae music fans.



- Ride in style to the capital city of Kingston to see its cultural sites
- Enjoy a guided tour of the famous Bob Marley Museum (Where Bob lived after his success)
- Visit the 19th century Devon House mansion and stop for lunch and ice cream. According to National Geographic, this is one of the top 10 best places in the world to have ice cream
- Stop at the Holy Trinity Cathedral a symbolic place of worship
- Marvel at the unique works of art at the National Gallery
- *Tour includes lunch at the Grogge Shoppe Restaurant

DESTINATION: SAINT LUCIA

SAINT LUCIA 101 - "Helen of the West" Simply Beautiful

A Volcanic, mountainous and gorgeous Tropical island, considered by many the Hawaii of the Caribbean. The east coast sits in the Atlantic Ocean and the West coast in the Caribbean Sea.

ICONIC:

Includes the world's only drive in Volcano, famous mud bath at the sulphur springs (the locals consider it the "Fountain of Youth")

LANDSCAPE: Tropical rainforests, Waterfalls and mineral / sulphur springs with skin healing properties

HERITAGE of Saint Lucia is a mix of French and English cultures. Makes the food very interesting

1 TOUR TIP- Pay close attention to what tours include so you do not book clients on the same experiences with different modes of transportation.





The Pitons (over 3,000 feet high) are a UNESCO World Heritage Site and includes protected rainforests with rich biodiversity, flora and fauna. The local beer is named after these beautiful twin volcanic peaks. SLU is a top site for Whale watching (IR tour).

SAINT LUCIAN PRONOUNCIATIONS

- ✓ Soufriere- "Souf-Rear"
- ✓ Marigot Bay- "Marry-Go" Bay
- ✓ Les Pitons "Lay Peeton" (*The Pitons)
- ✓ Dennery- "Den-Ry" * *IR zip line location*
- ✓ Castries- "Cas-Trees" *Capital of Saint Lucia

1. SOUFRIERE EXPERIENCE 6.5 hours (Soufriere SPEED BOAT for SLU & SHC Guests) JOE KNOWS (Soufriere SPEED BOAT for guests staying at SGL)

*PLEASE NOTE: Tours are identical

ADJECTIVES: Fast, Active, Thrilling ride, Spirited, Fun

Tour Highlights

- Cruise down the west coast on a thrilling speedboat
- See Marigot Bay and fishing villages Anse La Raye and Canaries
- Snorkel the marine reserves near the Piton Mountains
- Drive through Soufriere to the drive in volcano
- Enjoy the mud bath, waterfalls and botanical gardens

2. SOUFRIERE ADVENTURE CRUISE 7 hours

ADJECTIVES: Laid back Catamaran, smooth sailing adventure

Tour Highlights

- Sail on a catamaran to Soufriere while enjoying appetizers
- Pass quaint fishing villages as you approach the Pitons
- Tour Diamond Botanical Gardens before stopping for lunch
- At the sulphur springs enjoy the mud baths or see the volcano
- Snorkel over a protected reef before a visit to Marigot Bay (pronounced Marry-Go) *Movie - Dr. Doolittle

3. SOUFRIERE SAFARI (BUGGY TOUR) *7 hours

Drive yourself from Castries to Soufriere & back

ADJECTIVES: Exciting, Drive yourself plus personalized interaction, informative stories. Visit communities

- Explore the Soufriere Basin and see spectacular views of the Pitons
- · Rest and relax while enjoying local delicacies
- Explore the nearby drive in volcano and take a dip in the mineral mud baths
- Finally make your way to the **Toraille Waterfall** for a refreshing swim Driver MUST be 23 years and over, have a valid Driver's License and be able to drive Manual Transmission / stick shift. Maximum weight 250 pounds.





Soufriere Safari (Buggy Tour to Soufriere- self-drive)



4. WET AND WILD (LAND & SEA) All day 10 hours

ADJECTIVES: The ultimate combo of catamaran + Buggy, exciting, personalized, expertlyguided

Tour Highlights

- Sail on a Catamaran to Soufriere and jump in your buggy
- Drive through local villages taking in the sights of the Pitons along the way
- Stop for lunch before you get the chance to visit the drive in volcano
- Take a relaxing dip in the mud baths at the sulphur springs
- Journey to the Toraille Waterfall and enjoy a refreshing swim
- Back on the catamaran, cruise alongside the Pitons to snorkel by the reefs



PLEASE NOTE: The following tours all go to Soufriere by Catamaran and then go on their separate itineraries:

- ✓ Chocolate Decadence- head to Hotel Chocolat. Great for foodies, includes a gourmet lunch
- \checkmark Land and Sea cover it all from the banana plantations to the ocean
- ✓ Soufriere Adventure Cruise
- ✓ Piton Sunset

5. PITON SUNSET CRUISE 5 hours

ADJECTIVES: Romantic, Scenic, magical sunset, breath-taking iconic photos with Pitons at Sunset

Tour Highlights

- Enjoy a catamaran cruise to the majestic Pitons
- Swim and snorkel over protected reefs near the Pitons
- Cruise up the coast to Marigot Bay and enjoy the sunset
- Dance to island rhythms and enjoy drinks and appetizers

6. TREETOP ZIP TRIP (Zip Line) 2 hours

ADJECTIVES: Exhilarating, Fun, Insured

Tour Highlights

- Follow trained guides along 12 ziplines that extend to 800 ft.
- Observe the magnificent flora and fauna as you zip by
- Relax and enjoy complimentary refreshments afterward

7. HIKE THE PITONS (*Participants should be fit) 7 hours

Tour Highlights - Challenging and intense climb

- Enjoy a scenic drive to the famous Gros Piton in Soufriere
- Begin your hike from 600 ft accompanied by an experienced guide
- Each guest is offered a bottled water and a walking stick before the climb
- A buffet lunch at Still Beach Restaurant is served after the climb
- Enjoy the option of swimming in the majestic Caribbean Sea afterwards OPRAH SAYS THIS IS ONE PLACE YOU MUST SEE BEFORE YOU DIE!

A fantastic community-based tour with excellent photo ops

ALSO AVAILABLE in SLU- Segway, Horseback ride on the beach, Chocolate making Tour, Historical sightseeing tour, rum tour, shopping tour, Reading Road trip. Ground Private transfers in an excellent fleet of vehicles (including Audis, Mercedes Benz and Escalades) *12 minute Helicopter tour from UVF - SLU can be booked only through Island Routes and all luggage goes by ground transportation except 25 pound hand luggage.







DESTINATION: BAHAMAS

NASSAU, BAHAMAS 101

ICONIC: Known for its Jonkanoo celebrations, infectious Rake and Scrape music and fresh conch salad served at the weekly popular "Fish Fry" in town. Excellent duty free shopping deals on Bay Street including major Fashion houses from Europe.

Known for large casinos, Kalik & Sands beer, John Watlings Bahamian rum and a rich culinary / architectural heritage in downtown Nassau. Island Routes offers a great walk back in time with walking food and heritage tours through historic Nassau.



1. ISLAND BUGGY ADVENTURE NASSAU 4 hours

Buggies are BOTH manual & Automatic transmission. Drivers must be 18 years and older with a valid driver's license

- Start the day with a brief orientation at Cable Beach with your guide
- Stop at Fort Charlotte to explore the historic castle and grounds
- Next Journey to the large limestone caverns called the caves
- Enjoy lunch at the popular Aquafire restaurant
- The final stop is the historic Clifton Heritage Ecological Park
- Return to Cable Beach on one last ride



2. NASSAU SUB ADVENTURES

ADJECTIVES: Unique, memorable experience, best way to explore

Overview

Experience a unique and exciting underwater journey like no other. The SUB is comparable to an underwater motorbike with a big bubble filled with a constant flow of air. Your head will be dry and your body will be wet. During your submarine adventure you will come face-toface with brilliantly hued fish, gorgeous coral reefs and other exotic marine life. A SUB adventure combines the



best of snorkeling and scuba diving all in one thrilling and memorable too.

3. DOLPHIN SWIM FROM NASSAU WITH TRANSFER 1 hour

Tour Highlights

- Hug, kiss and swim with lovable dolphins
- Soar through the water as the dolphins perform
- the "Foot Push"
- The professional staff will capture every
- moment on camera
- Food and Beverage Included



4. BITES OF NASSAU Food Tasting & Cultural Walking Tour 3 hours

ADJECTIVES: Enjoy a Leisurely walk, history, architecture, great food while meeting great Bahamians who excel in the culinary world

- Visit six food tasting locations during this guided walking tour
- Each location is highlights the best local Nassau flavours
- Learn from the locals that prepare and preserve these culinary traditions
- Between tastings stroll through downtown Nassau's historic streets



5. DEEP SEA SPORT FISHING (Half Day) 4 hours

Tour Highlights

- Enjoy a half-day of fishing aboard a 48 ft Chris Craft boat
- Snorkel the beautiful coral reefs off the Bahamian coastline
- Bait, tackle and snorkel gear are provided for you during this excursion
- Snacks & beverages available on-board



DESTINATION: EXUMA, BAHAMAS

EXUMA, BAHAMAS 101

ICONIC EXUMA : Very flat islands with fantastic beaches. Great Exuma has one main road, no traffic lights. There are 365 cays and islands of the Exumas and the people are Exumians. EXUMA is part of the "Out Islands" as they offer a great escape from the crowds and they are considered the "Playground of the Rich and Famous". 2 main islands Great and Little Exuma. Together the chain of islands cover some 90 miles.

Population of the Exumas is approx.. 7,000. Movies shot in Exuma include: "Pirates of the Caribbean", "Into the Blue", "Splash" and "Thunderball 007". Local beer is Kalik and conch is a local favourite.

#1 TOUR TIP- Book your water tour early-enough in the stay in the event of poor weather, you will have time to be able to re-schedule.



1. EXUMA CAYS OCEAN SAFARI MUST DO TOUR 4 hours

Action packed excursion aboard a 35 foot custom designed Power Cat while you snorkel, beach comb and experience all the beauty of the Exumas in one tour

Tour Highlights

- Snorkel, comb the beach and explore the cays of Exuma
- Cruise in and out of over 75 cays on a 35 ft. power catamaran
- Visit and feed the endangered Bahamian rock iguana
- Experience swimming with the pigs in Exuma
- Snacks and beverages will be available

2. STOCKING ISLAND SEA ESCAPE 2.5 hours

Tour Highlights

- Take a short motorboat ride to Stocking Island in Elizabeth Harbor
- Snorkel and search for starfish near a lively reef
- Walk along the pink sand beaches and take a refreshing swim

3. MORIAH PARK SEA ADVENTURE 4 hours

- Meet the wildlife of Moriah Harbor Cay National Park by boat
- Explore over 10 miles of diverse land and sea ecosystems
- Take the chance to see stingrays, turtles and maybe dolphins!
- Journey to see the sandbars and snorkel the shallow reefs







4. SECLUDED CASTAWAY GETAWAY 6 hours

ADJECTIVES: Romantic, secluded, upscale

Tour Highlights

- Depart Great Exuma by boat to an uninhabited island for a private experience
- A picnic basket, bottle of wine, chairs and an umbrella are set for you
- Enjoy a day on the beach with someone special
- Swim, relax and watch as the sun sets before you return



Other EXUMA Top Tours include:

- ✓ Light Tackle Fishing (4 hours)
- ✓ Private Bone Fishing (2 pax)

DESTINATION: BARBADOS

BARBADOS 101

ICONIC- Known as the Gastronomy or Culinary capital of the Caribbean, Barbados or BIM for short is home to one of the Caribbean's oldest LOCAL RUMs-Mount Gay. The island is 166 square miles and is divided into 11 parishes. Currency is the Barbadian dollar but the US Dollar is widely accepted. Barbados is outside the hurricane zone as it is located just east of the Caribbean sea (in the Western Atlantic Ocean).

It receives over 3,000 hours of sunshine a year. The legal drinking age is 18 years old.

#1 TOUR TIP

The catamarans in Barbados are absolutely amazing and luxurious. These can be customized for groups, however the true highlight of snorkeling is the interaction with friendly sea turtles. There is a great mix for the nature-lover, the romantic and the lover of culture in historic Bridgetown (the nation's capital).



1. SUN, SAND & SNORKELING * Catamaran 5 hours

ADJECTIVES: Amazing, unforgettable swim with Turtles

Tour Highlights

- Sail along the coast to the first snorkel stop among sea turtles
- The second stop allows you to snorkel a shallow shipwreck
- Marvel at the tropical marine life
- Enjoy a refreshing swim in the warm sunshine of a secluded bay
- Have a delicious buffet style lunch when the catamaran is anchored

2. JOLLY ROGERS LUNCH CRUISE 4 hours

ADJECTIVES: Lively, Spirited Pirate Experience

Tour Highlights

- Enjoy swinging from the ropes and walking the plank!
- Snorkel amongst tropical fish and sunken ships
- Head to the deck for a BBQ feast
- Sample the Jolly Rodger rum punch
- After lunch snorkel amongst sea turtles!





3. CAVES AND CRITTERS 4:30 hours

ADJECTIVES: Exciting Tram car, unique animal encounters

- Visit Harrison's Cave a beautiful underground gem
- See the natural forming stalactites and stalagmites
- At the Wildlife Reserve see Barbados's famous green monkey
- Travel to Farley Hill National Park
- Explore the ruins of the historic Farley Hill house



Unique Vacation ADVENTURE Cheat Sheet
Unique Vacations ADVENTURE Cheat Sheet

4. RUNAWAY GOLFER 4:30 hours

Tour Highlights

- Experience the 6705 yard par 72 course redesigned by Ron Kirby
- Features 18 holes, wide open fairways, a central lake and bunkers
- Golfers of all levels can enjoy the experience
- Enjoy the atmosphere, coaching programs and clubhouse
- Offers one round of play with a golf cart.

Enjoy one round of play with a golf cart.



**Golf attire required i.e. polo shirt and tailored short or long pants or golf pants. No denim, swimwear or jeans permitted

5. BARBADOS 4 BY 4 JEEP SAFARY 5:30 hours

ADJECTIVES : Exciting, intimate, Cultural, Small group, highly immersive and interactive

Tour Highlights

- Journey across the Eastern & North-eastern parts of Barbados by jeep
- Your skilled guides will navigate you over mixed terrains
- Stops include Edge Cliff, Bathsheba, Joe's River Forest,

and Little Bay

• Enjoy a traditional Bajan buffet lunch and dessert

6. LUXURY CATAMARAN CRUISE BARBADOS 5 hours

ADJECTIVES: Sophisticated, upscale, Gourmet dining and premium experience

- Set sail on a luxury catamaran cruise in Barbados
- · Enjoy a welcome glass of Prosecco (white wine) from our premium open bar
- Snorkel a shallow shipwreck teeming with tropical marine life
- A gourmet lunch with desert will be served by the on-board chef







The Community Tourism option we offer in Barbados is the Oistins Express which takes guests to the local fish fry once a week. Island Routes offers a transfer to and from Oistins.

The Captial of Barbados, Bridgetown is a UNESCO World Heritage site and IR offers a great historical walking tour which can also be combined with shopping.

DESTINATION: ANTIGUA

ANTIGUA 101

ICONIC ANTIGUA: Was a favorite of Princess Diana of Wales with its rich British colonial heritage. The destination is popular in the romance segment and has some of the best white sand beaches in the Caribbean. The island sits in the center of the chain of Caribbean islands Barbuda, home of pink sand and deer, is a must-see for nature lovers (especially birds). Only 1,500 people live there. It has the largest colony of Frigate birds in the Caribbean. Excellent options of adventure on land and by sea. Local beer is called Wadadli and is the original name of the island.

#1 TOUR TIP:

Island Routes' Community type tour is the **weekly Shirley Heights island Party** on a **Sunday** afternoon into evening for sunset. Guests will need \$8.00 per person (*additional government fee) to be paid on site (cannot be pre-paid).

Highest Point- Mount Obama, *No Rivers on this landscape, 365 Beaches, at one time held the Guinness book of World record for the most windmills per square mile.



1. XTREME CIRCUMNAVIGATION 6:30 hours

ADJECTIVES: Active, Exhilarating, explore Antigua fully by sea, interact with stingrays

Overview

This exhilarating adventure takes you right around Antigua's rugged 365 beach coastline in a 45' offshore racing boat especially designed for this excursion. There is a high speed run through the islands of the North Sound and exclusive hour long swim and snorkel with the southern rays at Stingray City Marine Park A buffet lunch at Green Island is followed by a cruise around Nelson's Dockyard. Finally a snorkel at the Pillars of Hercules with its volcanic boulders below and the secluded beach at Rendezvous Bay.



2. POWER 360 CRUISE 6 hours

ADJECTIVES: Exhilarating, Speedboat, Fantastic beach breaks, sightseeing

Overview

Think you've seen all that Antigua has to offer? Wait till you experience the views by sea. Come aboard the Excellence for alluring sensations as you glide along the coastlines with rolling hills and areas like Jumby Bay, Bird Island and the natural spectacles of Devil's Bridge up close and personal. Be at peace on secluded Green Island and listen to rhythmic calypso and reggae. Climb back on board the catamaran for a delicious lunch of chicken or fish. Drinks are free all day at the bar. Cruise around Nelson's Dockyard and get a little history lesson before you cruise pass many sparkling beaches and pristine bays on the western coast on the way back to your resort. *Pictured below are The Pillars of Hercules



3. ANTIGUA RAINFOREST CANOPY ADVENTURE FROM WEST COAST 2:30 hours

ADJECTIVES: Adrenaline-pumping, exhilarating, Fun, safe, expertly-guided

Overview

A natural high on zip lines will have you traversing the glorious gorge at **Fig Tree Drive**. Adventurers will then dare to **conquer the challenge course** or the take the **"Stairway to Heaven"** that leads to the **Canopy Café** with views of the rushing zip liners. MAXIMUM WEIGHT 250 lbs



4. LOVERS ROCK SUNSET CRUISE FROM WEST COAST 2:15 hours

ADJECTIVES: Most relaxing and Romantic tours, Photos at Sunset, great to celebrate your love or a special occasion

OVERVIEW

- We set sail on a 'one of a kind' Tropical Sunset cruise
- As you board our catamaran right on the beach, you are greeted with a cocktail from our open bar, presented by one of our charming crew members
- Lounge on the sundeck or find a cozy little spot for you and that special someone
- Cruise along the West coast of Antigua as you sip drinks and enjoy flavorful hors' d'oeuvres.



• Sit back and relax or get up and dance to the vibes of romantic Caribbean rhythms. Feel the wind blow through your hair, feel the splashes of water on your skin as you sit in awe watching the majestic sunset. We promise you, this will be one of the most relaxing and romantic tours you do in the Caribbean.

5. ATV SAFARI ANTIGUA WEST COAST 3:30 hours

ADJECTIVES: Adrenaline-filled, exhilarating ride off road from the East to the SouthCoast

Overview

Enjoy this adventurous **guided off-road tour** on **all terrain vehicles**(ATV), where you travel from the North East of Antigua on old cane roads, passing through old estates and rural farm lands to arrive at the historical Monks Hill overlooking the scenic harbours of the South Coast with neighbouring islands on the horizon. This is the ultimate riding experience traveling along dirt tracks and animal trails, while enjoying the natural beauty of the island's interior. Max weight 250 pounds .

*All drivers must show valid driver's license





6. BEST OF ANTIGUA SIGHTSEEING TOUR FROM WEST COAST

ADJECTIVES: Immersive cultural tour with history and excellent sightseeing

Overview

Journey through the island's villages, then head to the National Park for a tour of historic Nelson's Dockyard, Clarence House, and the Interpretation Center. Plus, enjoy a stop at Shirley Heights, a world-famous viewing spot that offers panoramic vistas of Antigua.





7. HORSEBACK RIDE

ADJECTIVES: Romantic, Gentle- well-trained stallions, no experience needed

Overview

Minimum age 6 years old and maximum weight is 235 pounds

Saddle up and explore Antigua as you ride and swim on a gentle stallion! Immerse yourself in the rich history and culture of the island, trotting along gorgeous landscapes and white-sands while your guide narrates the journey. Travel to the historic Fort James featuring 18th Century cannons and fabulous views of St. John's Harbour. Then it's time to cool off in the refreshing Caribbean Sea, riding the thrilling waves on horseback. Our well-trained horses and attentive guides will ensure your comfort and safety during this unforgettable horseback riding adventure.





DESTINATION: GRENADA

GRENADA 101

ICONIC: Spice capital of the Caribbean and the world. World's largest producer of nutmeg and mace (used to make lipstick). Grenada is a lush, tropical, volcanic island (*none active) Capital is St. Georges. Population of 110, 000 and size of 133 square miles. Olympian Kirani James is from Gouyave (pronounced Gwaaa-Ve). Known for the world's first Underwater sculpture park - available on several tours.

Rich, recently colourful political history ending with a US base on island and an invasion to help maintain order.

#1 TIP: The Underwater Sculpture Park is a stop for **snorkelling** on the *Pilot your own boat tour* as well as the *Powerboat adventure*. *The Champagne and Seafood cruise serves lobster when in season*.



1. SPICY FULL DAY ISLAND TOUR 8 hours

ADJECTIVE: excellent sightseeing, meet Grenadians, Immersive, Informative

Tour Highlights

- This day begins in the capital city of St.Georges
- Visit the beautiful Concord Waterfall
- Explore Grand Etang Crater Lake for a chance to see the local Mona Monkey
- Enjoy a buffet style lunch at Belmont Estate
- · Learn about the production of organic cocoa beans
- Marvel at the beautiful views of Calivigny and Hog Island

2. SPICY HALF DAY ISLAND TOUR 4 hours

ADJECTIVES: Informative, Cultural, revealing & fun

Tour Highlights

- Taste the finest rums and nutmeg liquers at Grenada Distillers
- Take pictures and learn about the islands past at Fort Frederick
- Sample jellies, jams, and liquers made from nutmeg and fruits
- Browse St.Georges and visit the Grand Anse vendors market
- "Chill island style" by the waterfront restaurants

3. ADVENTURE JEEP & RIVER TUBING COMBO 5.5 hours

ADJECTIVE: intimate , small group, exciting, World war 2 jeep

- Experience two amazing tours in one
- Enjoy a rugged 4x4 discovery on open top jeeps
- Journey along the island's east coast to the Grand Etang
- Venture up to the sulphur springs in Clabony
- Navigate the rapids of the Balthazar River on a river tube
- · Have a refreshing rum punch when you finish







4.LOVERS ROCK SUNSET CRUISE 2 hours

ADJECTIVE: laid back, scenic, romantic

Tour Highlights

- Board a 60 ft motorized catamaran and sail off the coast of St.George's
- Enjoying stunning views of the sunset sinking into the horizon
- Take pictures of the historic buildings in Grenada's capital
- Cruise by the bell shaped Carenage Harbour
- Sway to the sounds of Caribbean music
- A variety of snacks and cocktails are available



5.GRENADA CHAMPAGNE AND SEAFOOD CRUISE 6 hours

Tour Highlights

- Sail on a 60ft catamaran past Grand Anse to the snorkel stop
- Snorkel the Underwater Sculpture Park before heading to Hog Island
- On Hog Island enjoy a seafood lunch cooked on the beach
- After your feast, take the opportunity to swim and explore
- Sit back and relax on the sail back to St.George's



*Grenada's CLOSED LOBSTER SEASON: 1st May to 31st August. *Alternate menu includes tiger shrimp

6.PILOT YOUR OWN BOAT (Double Rider) and Snorkelling 2 hour

ADJECTIVE: Thrilling ride along the famous Grenadian Carenage (Pronounced Caree-NaaaJ)

- Explore Grenada on fast, inflatable motorboats that you control
- Two riders on their personal powerboat
- Follow your guide as you pass large yachts in Port Louis Marina
- Make a stop to snorkel or swim at a rich and shallow coral reef
- · Enjoy a smooth ride as you pass Grand Anse



7. GRENADA RAINFOREST & WATERFALL DUNE BUGGY TOUR 3 hours

ADJECTIVES: Adrenaline lovers welcome!

Tour Highlights

- Ride along coastal and mountain trails in a two seater buggy
- Enjoy fantastic views and photo ops from Morne Jaloux Ridge
- Traverse local villages on the way to Annandale Forest
- Plunge into the refreshing waters of the Annandale Waterfalls



8. RIVER TUBING 1 hour

ADJECTIVES: Exciting, refreshing ride along the river rapids

- Start the adventure at the Balthazar River
- Navigate the rapids on your personal tubes
- Look out for exotic tropical vegetation and wildlife
- Stop at natural pools and take a swim
- Have a refreshing rum punch when you finish
- Explore gorgeous orchids on the estate



DESTINATION: TURKS & CAICOS

TURKS AND CAICOS 101

Over 40 islands make up Turks and Caicos (approx. 8 are inhabited). Island Routes operates on Provo (short for Providenciales). 22, 000 people live here, the most developed island

ADJECTIVES - Exotic, unspoiled, a fabulous beach destination with warm friendly, cosmopolitan people. Provo is entirely surrounded by barrier reefs. Interact with local iguanas, JoJo the Dolphin and some of the world's best diving and snorkelling. A great spot for Whale watching. *Casino

ICONIC- PROVO is a fairly flat long island **Turks Head** beer, Grace Bay is one of the Best beaches in the world, infectious rhythms of **Jonkanoo**, Rake and scrape music and **Queen conch**. The world's only **conch farm**, TCI citizens are called "Belongers" as the population is very diverse with expats.



1. ISLAND VIBES KITTY KAT CRUISE (*IR Catamaran) 3 hours

ADJECTIVES: Active, great family fun, Excellent way to explore the Turks Seascape,

Tour Highlights

- Climb aboard Custom-designed 65 ft, Luxury Catamaran (called the Kitty Kat)
- Excellent Snorkelling and swim with the marine life at a stunning coral reef for approx. 30 mins
- Slide down the "Kitty Katt's" 8-ft. waterslide
- Visit a pristine cay where you can hunt for seashells
- Take in the Caribbean breeze and warm sun on the beach
- Party with Live DJ and complete sound system
- Includes: tasty appetizers & Open bar featuring : Rum, vodka, scotch, beer, tequila etc.
- Best sailing experience in all of Turks and Caicos
- Every crew member is a lifeguard certified in first aid and CPR







2. TWILIGHT SUNSET CATAMARAN CRUISE 2.5 hours

ADJECTIVES: Laid-back, perfect for 2 people, relaxing, celebrate your love, romantic

- Board the state-of-the-art "Kitty Katt" 65 ft custom-designed catamaran for a sunset sailaway
- Perfect for two people celebrating their life and love together
- Enjoy the Caribbean sunset as the DJ plays island rhythms and takes your requests
- Cocktails and hors d'oeuvres are served on board Open bar includes: Rum, vodka, scotch, beer, tequila etc.



3. PROVO GOLF 5 hours

ADJECTIVES: World class 72 par golf course

- Discover one of the top 10 courses in the Caribbean
- Course is Par 72 and covers up to 6719 yards
- Includes transfers, green fees, and a golf cart
- Novices can arrange lessons and learn on a world class course



4. PROVO ADVENTURE CRUISE 3.5 hours

ADJECTIVES: Exciting exploration, Family fun, animal lovers

Tour Highlights

- Sail to Little Water Cay (pronounced 'key') and meet the endangered rock iguanas
- Swim and snorkel at the captain's favourite locations
- See fish, coral and other colourful marine life
- Stop at a private beach to sunbathe or beachcomb

5. SEASIDE SCAVENGER HUNT 3 hours

ADJECTIVES: Exciting, Relaxing, Leisurely trip, culinary

- Snorkel with experienced guides and learn to hunt conch
- Enjoy freshly prepared conch and refreshments
- Cruise and explore uninhabited cays for sea shells like lucky Sand dollars





6. PROVO CIRCUMNAVIGATION 7 hours

ADJECTIVES: Story-filled, exciting, beach escape

Tour Highlights

- Explore some of the best kept secrets of Providenciales
- Cruise along the shoreline to the best snorkel sites
- Stop for lunch and swimming by the beach
- Visit Pirates Cove (cave) to see carvings from marooned sailors



7. PROVO CAYS EXPLORATION 6 hours

ADJECTIVES: Fun, exhilarating, animal interactions, an unforgettable trip

- See the endangered rock iguana at Iguana Island
- **Snorkel** along beautiful reefs and amongst the aquatic life
- Hunt for conch and enjoy your catch BBQ style on the beach

